



BISMARCK  
FIGURE  
SKATING CLUB

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## **Chemical and/or Tobacco Use and/or Abuse Policy**

The use or possession of tobacco, alcohol or any controlled substance as defined by the North Dakota Century Code is prohibited. Any skater who is in violation of the foregoing shall be declared ineligible from participation in individual and synchronized skating contests or activities for a minimum period of six consecutive weeks for the first offense and a period of eighteen consecutive school weeks for any subsequent offense. The period of ineligibility shall begin from the date and time notification is given to the student by school administration (NDHSAA Constitution and By Laws).

“Mere Presence” - Being in attendance at a function, in a vehicle or at a party where the skater knows or has reason to know that alcohol or other drugs are being consumed illegally by minors and failing to leave despite having a reasonable opportunity to do so is a violation. When a skater recognizes this situation, he/she must leave immediately or is in violation of this tobacco, alcohol or any controlled substance rule.

For purposes of this policy, the figure skating season shall commence from the first day of Fall/Winter ice is available in September of each year through the annual Ice Show in the spring of the following year.

### **PENALTY**

**In-season/Out of Season Penalty for Skaters Involved in Synchronized Skating:** Penalty shall be 6 weeks for 1<sup>st</sup> offense and 18 weeks for 2<sup>nd</sup> offense (NDHSAA Section XII). Period of ineligibility will start at the time the skater is notified of the violation by school administration. The synchronized skater will be ineligible to participate in the first authorized mandatory synchronized skating competition and any competitions during the ineligibility period.

**In-season/Out of Season Penalty for Individual Skaters Not Involved in Synchronized Skating:** Penalty shall be 6 weeks for 1<sup>st</sup> offense and 18 weeks for 2<sup>nd</sup> offense (NDHSAA Section XII). Period of ineligibility will start at the time the skater is notified of the violation by school administration. The individual skater will be ineligible to participate in the competitions during the ineligibility period and will be ineligible for a specialty number in the club’s annual Ice Show.